



# Parent Information Meeting

COLLEGE ENTRANCE EXAMS, AP AND CONCURRENT ENROLLMENT,  
CREDITS FOR GRADUATION

# LFSHS Student Services



Katie Brandau	9th Grade	<a href="mailto:katie.brandau@usd497.org">katie.brandau@usd497.org</a>
Kat Dillon	A-G (10-12)	<a href="mailto:kdillon@usd497.org">kdillon@usd497.org</a>
Marc Conover	H-O (10-12)	<a href="mailto:mconover@usd497.org">mconover@usd497.org</a>
Ken Hile	P-Z (10-12)	<a href="mailto:khile@usd497.org">khile@usd497.org</a>
Tina Mitchell	Dept Chair	<a href="mailto:tmitchel@usd497.org">tmitchel@usd497.org</a>
Ednice Metz	Tier 3	<a href="mailto:ednice.metz@usd497.org">ednice.metz@usd497.org</a>
Regan Agre	Secretary	<a href="mailto:regan.agre@usd497.org">regan.agre@usd497.org</a>

Follow Us on Twitter! @FScounselors or 'Like' us on Facebook!



# How to be Successful in High School

- Attendance / Engagement
- Organization
- Work Completion/Responsibility
- Involvement
- Self Advocacy
- Access Resources - academic & social emotional supports

# Credits for Graduation: Review

- ▶ English—4 years (8 semesters)
- ▶ Math—3 years (6 semesters)
- ▶ Science—3 years (6 semesters)
- ▶ Social Studies—3 years (6 semesters)
- ▶ Fine Arts—1 year (2 semesters)
- ▶ PE —(1 semester)
- ▶ Health – (1 semester)
- ▶ Electives—16 semester classes
- ▶ 23 total credits required for graduation

Recommended for college-bound: 2 years of the same World Language and an extra year of math and science.

It is your responsibility to choose the classes you need and track your credits.

Please contact individual colleges for updated requirements for admission.

# Class requirements for Seniors (12)

- ▶ Social Studies (get to 3 credits total)
  - ▶ US Government for semester
  - ▶ AP Politics available (all year)
- ▶ English all year
  - ▶ Recommend one literature, one writing class
  - ▶ AP Lit and Comp available (all year)
- ▶ SENIOR PRIVILEGE: POSSIBLE REDUCED SPRING SCHEDULE (5 hrs minimum plus 1 ILT)



# Class requirements for Juniors (11)

- ▶ English all year
  - ▶ American Lit for one semester; many choices for the other semester
- ▶ US History all year
  - ▶ Survey of US History
  - ▶ AP US History
  - ▶ HIST 128 & 129 (Jayhawk Blueprint)
- ▶ Math all year
- ▶ Science all year

# Class requirements for Sophomores (10)

- ▶ English all year  
Grade Level or Advanced
- ▶ History all year
  - ▶ Modern World History or AP European history
- ▶ Math all year
- ▶ Science all year

# KU Jayhawk Blueprint Course Offerings

## Concurrent Enrollment

- ▶ ENGL 101 Composition
- ▶ ENGL 102 Critical Reading and Writing
- ▶ COMS 130 Speaker-Audience Communication
- ▶ MATH 101 College Algebra
- ▶ BIOL 100 - Principles of Biology (non science majors)
- ▶ HIST 128 History of US Through Civil War
- ▶ HIST 129 History of US After Civil War

<https://blueprint.ku.edu/>

KU Contact: Erin Wolfram [ewolfram@ku.edu](mailto:ewolfram@ku.edu)



# Enrollment Process 2022-2023



1. Please discuss course selection with your child.
2. [Course description book](#), [Instruction video](#), and printed instructions will be sent to students and parents
3. Counselors available for pop in or by appointment (preferred) to answer questions or for assistance
4. Course selection must be entered by March 3
5. Once you click SUBMIT, we will do our best to schedule the classes or alternates your child selected.

# Options outside of FSHS

- College and Career Center classes
- College and Career Academy
- Lawrence Virtual School
- Dual Credit



# Assessments Aptitude Tests

# PSAT

## Preliminary Scholastic Aptitude Test

- ▶ Standardized test that measures
  - ▶ Reading
  - ▶ Writing
  - ▶ Math
- ▶ PSAT test is great practice for SAT—open to juniors and sophomores. Register in August and test in October.

# SAT Test

## Scholastic Aptitude Test

- ▶ Given several times a year at Kansas University
- ▶ Contains two major areas: reading and math; essay is now optional
- ▶ Information/practice booklets available in Guidance Office
- ▶ Sign up online at [www.collegeboard.com](http://www.collegeboard.com) \$50.50 (w/essay \$67) (waivers available for students that qualify)
- ▶ SAT Subject Tests: sometimes required for more selective colleges; prices vary depending on subjects and combinations
- ▶ PSAT test is great practice for SAT—open to juniors and sophomores. Register in August



# ACT Test

## American College Test

ACT administered several times a year here at Free State

ACT contains four sections: Reading, math, grammar, science reasoning

Optional writing section—extra \$; check to see if prospective colleges require it

Free Information/practice booklets available in Guidance Office

Sign up online at [www.actstudent.org](http://www.actstudent.org) \$50.50; \$67.00 for plus writing (waivers available for students that qualify)

[www.actstudent.org](http://www.actstudent.org)

# Workkeys



Assessment measures a range of hard and soft skills relevant to any occupation, at any level, and across industries.

- Applied Math
- Graphic Literacy
- Workplace Documents

Recognition- successful completion of WorkKeys core assessments can lead to earning an ACT WorkKeys National Career Readiness Certificate (NCRC) - a credential that verifies the skills found to be most essential across industries and occupations.

# ASVAB - Armed Services Vocational Aptitude Battery

This test is the initial qualifying exam for entry into the Army, Navy, Air Force, Marine Corps, and Coast Guard. All branches require the ASVAB. Free State provides the ASVAB each February, and students can sign up in Student Services.

Students must have a high school diploma to be considered for military service.

# Advanced Placement Exams

- ▶ Exams given on specific days in May - check the calendar and daily announcements carefully. [2022 Exam dates](#)
- ▶ Cost is \$100 per exam; ordered online - [Registration Link](#)
- ▶ Exams are offered for each AP class taught at Free State (exams available in all four core areas, plus Latin, computer science, music theory, and art).
- ▶ It is possible to earn either college credit or advanced placement.
- ▶ Check with possible college choices for their policies.
- ▶ Credit granted for AP scores vary within college departments and also from college to college.
- ▶ More info: [AP Parent Guide](#)

Post High School Preparation



Starts Now



# Preparing for College

- ▶ Have your student take a college admissions test (ACT or SAT) in the spring of their junior year.
- ▶ Check to be sure student is enrolled a pre-college curriculum.
- ▶ Begin college searches online <https://www.princetonreview.com/college-search> or <https://www.niche.com/>
- ▶ Schedule college visits to colleges of your choice.
- ▶ Narrow college options before senior year.
- ▶ Apply for admission to college at the beginning the of senior year.
- ▶ Have a conversation with your student about paying for college.

Register for NCAA at the beginning of your sophomore year. It is your job to pick classes that are NCAA approved. [www.eligibilitycenter.org](http://www.eligibilitycenter.org)

# Paying for College: Types of Aid

- ▶ Scholarships
  - ▶ Based on merit
  - ▶ 90% come directly from colleges
  - ▶ Check websites; local scholarships (January)
- ▶ Grants
  - ▶ Based on income (Fill out FAFSA)
  - ▶ Capped; can range from several hundred to several thousand
- ▶ Loans
  - ▶ Subsidized (no interest while in school)
  - ▶ Unsubsidized (interest starts immediately)

# FAFSA: Free Application for Federal Student Aid

Will need to complete this for consideration for most any type of aid

Form is online at [www.fafsa.gov](https://www.fafsa.gov)

Active beginning of senior year—use previous year's tax information

Opens October 1st of Senior Year

# Additional options beyond high school

Military Service - active, reserve, or national guard

Junior Colleges - 2 year schools

Technical Programs - such as Peaslee Tech, Washburn Tech, or Flint Hills Technical College

School to Work - apply to local businesses or corporations for employment

(All require a high school diploma)

# Improvements continue into 2022-2023

- ▶ Redesign - in motion
- ▶ Flex-mod
  - ▶ ILT
  - ▶ SLT
  - ▶ ELT



# What's Our Why?

*Preparing our students to soar*



## Redesign Goals

**We need more **BALANCE** in everyday workload**

Balance in everyday workload

- Schedule
- Flexibility
- Wellness/Mental Health

**We want students to find **RELEVANCE** in their learning**

Relevant, personal, individualized learning

- Applicable
- Community Partnerships
- Curriculum

**Many students leave FS without the **HABITS OF SUCCESS**, creative know how, and way-finding abilities**

Prepared for after high school - habits of success

- Empathy/Character
- Wellness
- Real-World experiences

### OUR STUDENTS



### What Students Say They Need

When **students** were surveyed on how we might meet our goals, they came up with the following ideas:

#### BALANCE

- more breaks
- more study time
- less hours and more focus
- more choice in classes
- fewer required classes
- less homework

#### RELEVANCE

- career exploration
- work credit
- cross-curricular classes
- more choice in class time

#### HABITS OF SUCCESS

- building & maintaining relationships
- time management
- communication
- tolerance
- community involvement

# Phasing of Plan - *Flex-Mod is the Vehicle*

- Develop and Implement Flex-Mod Schedule
- Continue Individual Plans of Study
- Develop Social and Emotional Learning Framework

1

- Tweak Flex-Mod Schedule as Needed
- Continue Individual Plans of Study
- Implement Social and Emotional Learning Framework

2

- Make Necessary Adjustments
- Develop and Implement Competency-Based Learning Framework
- Develop Framework for Alternate Graduation Credit

3